

MONDAY

Crispy

CHICKEN

ON WHOLE WHEAT ROLL

Lettuce, Tomato, White American Cheese, Pickle Spear

WEEK

BAKEDCRINKLECUT **SWEET POTATOES**

Steamed Broccoli SLICED HONEY DEW

BRUNCH FOR LUNCH

WHOLE GRAIN FRENCH TOAST STICKS

HARD BOILED OR SCRAMBLED EGGS

TURKEY SAUSAGE

FRESH PINEAPPLE & STRAWBERRIES

ASSORTED CEREALS APPLE SAUCE

TUESDAY

PLAIN/RED SAUCE

Crispy Cauliflower & **Steamed String Beans**

GARLIC BREADSTICKS

TOSSED SALAD

OVEN BAKED

SWEET POTATO STEAK FRIES

Steamed Baby Carrots and Broccoli TOSSED SALAD

WEDNESDAY

AND SOUP

STEAMED GINGER **SNAP PEAS**

BAKED CHIPS

Fresh Fruit Cup

CHICKEN OR CHEESE **OUESADILLA**

SALSA/SOUR CREAM

REFRIED BEANS

SLICED PINEAPPLE

Steamed String Beans & Roasted Corn **THURSDAY**

OVEN BAKED

ASSORTED DIPPING SAUCES Steamed Sweet

Kettle Corn

YUKON GOLD MASHED **POTATOES**

SLICED WATERMELON

Baked CHICKEN enders

ROASTED POTATO MEDLEY

Steamed Broccoli SLICED CANTALOUPE

FRIDAY

PZZA BAGELS

TOSSED SALAD

ROASTED YELLOW SOUASH Fresh Fruit Cup

DESSERT



Roasted Asparagus TOSSED SALAD

FRESH FRUIT CUP

DESSER



PEANUT & TREE NUT AWARE

LUNCH SUBSTITUTES

Assorted Whole Wheat Sandwiches, Tuna, "No Nut" Butter and Jelly Sandwiches, Turkey Sandwiches, & Cheese Sandwiches Assorted Yogurts & Fresh Garden Salad



FRESH FRUIT BAR

Seasonal Fresh Fruit & Vegetables Daily

REFRESHMENTS 1% Milk or Iced Water

SALAD DRESSINGS

Ken's Lite Italian & Ken's Lite Balsamic

MENU SUBJECT TO CHANGE